

# VISITS WITH VELVET

Helping Horse Seminars at Team Velvet, Inc.



## DATES

**Saturdays  
10-12 p.m.**

**May 4**

**Coping with Stress for Kids**

**May 18**

**Strengthening Self Esteem**

**June 1**

**The Courage to Persist**

## Stress Management for Kids

Psychologist Dr. Susan Edwards and the helping horses of Team Velvet, Inc. are offering a series of psychoeducational group sessions for parents and children ages 5-12. The program includes non-mounted activities with the horses designed to tackle tough issues in a fun and positive way.

**Cost:** \$20 per child per session or \$50 for all three

**Register:** By email to [kpiparo64@gmail.com](mailto:kpiparo64@gmail.com) (space is limited)

**Location:** 79 Old Clinton Rd., Flemington, NJ \*\*

**For more information:** (609) 924-4330

Team Velvet, Inc. provides equine-assisted mental health services for children ages 5-12 with emotional trauma and adjustment issues. For more information about our non-profit program visit our website [www.teamvelvet.com](http://www.teamvelvet.com) or find us on Facebook.

**\*\*Insurance rules prohibit smoking and pets on the farm.\*\***